

## Equipment

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\*\*Sign-up fee includes Team Shirt

### Players need:

- Team Shirts are purchased through the club (included in sign-up fee). Must wear on game day.
- Black soccer socks and black sport shorts are available at area stores. Must be worn on game day.
- Shin guards are **required** at all games AND practices and may be purchased at area sporting stores.
- Soccer shoes are also available in area stores. Soccer shoes are all weather running shoes with rubber cleats. Soccer shoes differ from other cleated sporting shoes in that they do not have a toe cleat. Cleats under the front edge of the shoe are illegal for reasons of safety. Soccer shoes are a good idea for players of age 6 and up, especially if they show an interest in the game that will span several seasons. They will not ruin their regular shoes when playing in wet or muddy weather. They will have extra traction from the cleats for performing typical soccer footwork that regular shoes may be too slippery for.
- Each child should have their own HAND SEWN - ALL WEATHER soccer ball. U6 and U8 divisions use a size #3 soccer ball. U11 division uses a #4 soccer ball. U14 and U18 use a size #5 soccer ball. No plastic balls. Please have your player use the appropriate size ball. Soccer balls should be brought to all practices and games to be ready to use for warm-up activities.
- Water Bottle- required- No matter what the weather, the body requires water when exercising. Children are to bring water to all games and practices.
- Always dress children for the weather. Layers of clothing are desirable in cool and cold weather. On game day, the uniform must be on the outer layer of clothing.
- NO JEWELRY. No exceptions.